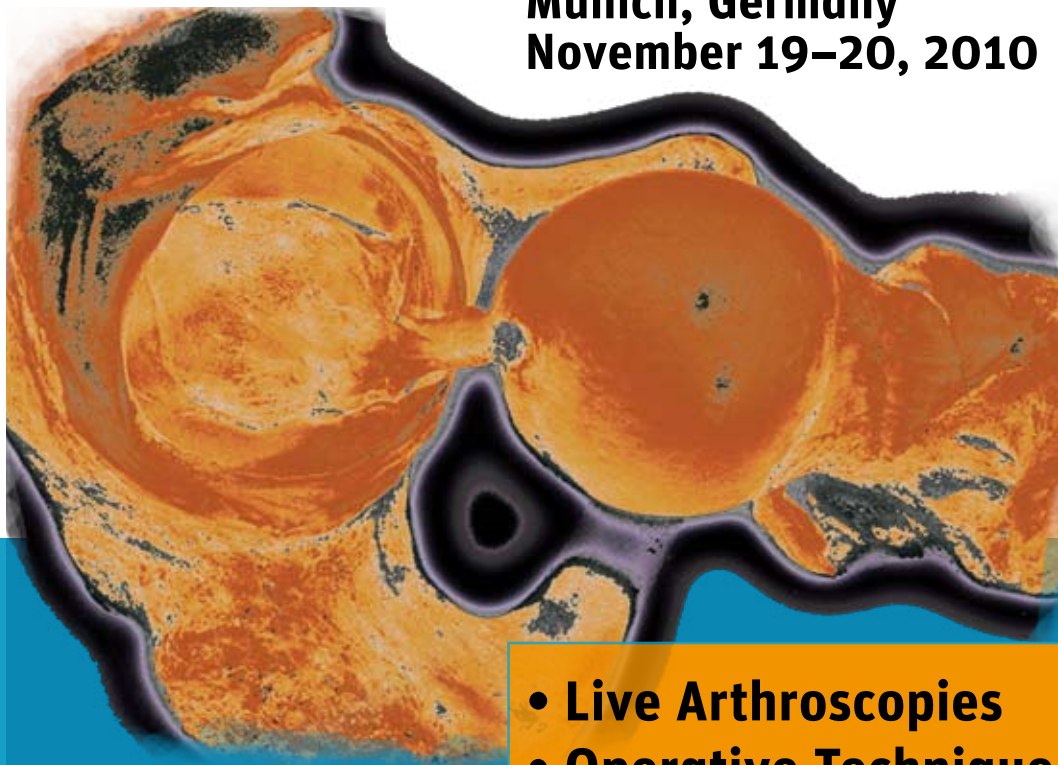


4th International Hip Arthroscopy Meeting

Munich, Germany
November 19–20, 2010



Chairmen

M. Dienst, GER
R. Villar, UK

Invited Faculty

M. Bohnsack, GER
M. Beck, SUI
S. Domayer, A
B. Kelly, USA

D. Kohn, GER
M. Kusma, GER
Ch. Lampert, SUI
W. Miehke, GER

G. Möckel, GER
M. Philippon, USA
H. Sadri, SUI
E. Schilders, UK

O. Steimer, GER
M. Wettstein, SUI
J. Witt, UK

- Live Arthroscopies
- Operative Technique
- FAI
- Extraarticular

Venue

Alte Kongresshalle
Munich, Germany

Information

www.ocm-muenchen.de

Registration

www.registration.intercongress.de

CROSSTRAC[◇]

Zielen statt stochern



Das neu entwickelte CROSSTRAC Zielgerät ermöglicht die sichere und punktgenaue Platzierung des anterioren oder posterio-lateralen Zugangs bei der Hüftgelenks-Arthroskopie. Dabei kann auf eine Kontrolle mittels C-Bogen verzichtet werden.

Dear Colleagues

We are delighted to announce our 4th International Hip Arthroscopy Meeting, which will take place in the “Alte Kongresshalle” in the heart of Munich, from November 19–20, 2010. This year’s course will again focus on the technique of hip arthroscopy and the management of various disorders with a focus on the treatment of FAI including controversial aspects such as the coincidence of FAI and dysplasia and the need for femoral and pelvic osteotomies in global FAI. Step-by-step guidelines on how to enter the joint and, most importantly, how to work within it will be provided. We expect debates on established techniques and new developments including cartilage transplantation and labral reconstruction.

Again live arthroscopies with different surgeons from Europe and the United States will be transmitted into the lecture hall. Different techniques of positioning, distraction, portal placement and operative treatment will be presented, provoking constructive discussions in the auditorium.

Munich, one of Germany’s most popular travel destinations, has a lot to offer. Whether you are interested in history, architecture or art; whether you enjoy strolling through parks, guided tours or a visit to Munich’s famous traditional beer gardens, you’ll always find something exciting in this multi-faceted city!

We look forward to welcoming you to Munich in November!

Michael Dienst

Richard N. Villar

Venue Alte Kongresshalle
Theresienhöhe 15, 80339 Munich, Germany

Date Friday, November 19, 2010
Saturday, November 20, 2010

Chairmen Michael Dienst, MD, Munich, GER
Richard N. Villar, FRCS, London, UK

Invited Faculty Michael Bohnsack, MD, Bremen, GER
Martin Beck, MD, Luzern, SUI
Stephan Domayer, MD, Vienna, A
Bryan Kelly, MD, New York City, USA
Dieter Kohn, MD, Homburg/Saar, GER
Matthias Kusma, MD, Homburg/Saar, GER
Christoph Lampert, MD, St. Gallen, SUI
Wolfgang Miehle, MD, Pforzheim, GER
Gregor Möckel, MD, Berlin, GER
Marc Philippon, MD, Vail CO, USA
Hassan Sadri, MD, Geneva, SUI
Ernest Schilders, MD, Bradford, UK
Oliver Steimer, MD, Homburg/Saar, GER
Michael Wettstein, MD, Lausanne, SUI
Johan Witt, MD, London, UK

Contact Intercongress GmbH
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Phone: +49 761 696 99-0
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www.ocm-muenchen.de



Promoter of the congress, the exhibition, the social programme Intercongress GmbH
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Online-Registration www.registration.intercongress.de

Symposium Language English

Registration Fees The registration fee includes attendance at all lectures and live surgeries.

	until October 27	after October 27
Chairman / Private Practise	€ 350	€ 400
Attending / Assistant Professor	€ 290	€ 340
Resident*	€ 210	€ 250
Physiotherapist / Nurse*	€ 120	€ 160

*include a letter from chief of orthopaedics

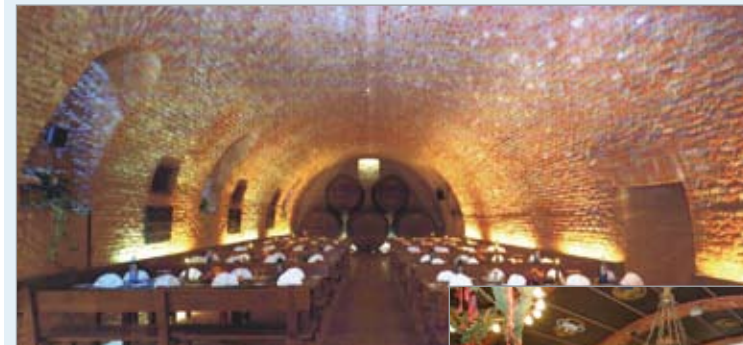
Congress Dinner The congress dinner takes place on Friday night.
Fee: € 30

CME Credit The “Landesärztekammer Bayern” (State Accreditation Council) designates the educational activity of the International Hip Arthroscopy Meeting for a maximum of 18 points.
The meeting is part of the AGA Arthroscopy Course Curriculum.

- 07:15–08:00** **Registration and breakfast**
- 08:00–08:15** **Welcome**
- 08:15–09:15** **Basic Arthroscopic Technique**
Hip Arthroscopy – Challenging the knee and shoulder
Positioning and OR Setup
Portal Anatomy and Portal Placement –
Central and Peripheral
Arthroscopic Anatomy and Variations
- 09:15–10:00** **Arthroscopic Approach**
Peripheral Compartment 1st
Central Compartment 1st
Capsular Release, Capsulotomy or Wide Capsulectomy
- 10:00–10:25** **Coffee break and exhibition**
- 10:25–12:00** **LIVE HIP ARTHROSCOPY I [supine]** Dienst
- 12:00–12:30** **Articular Cartilage Repair**
Classic Treatment – Abrasion & Microfracture
Advanced Techniques – ACI/MACI/AMIC
Fibrin fixation of articular cartilage lesions
- 12:30–13:55** **Lunch and exhibition**
- Workshops**
(Karl Storz GmbH & Co.KG; Smith & Nephew GmbH)
- 13:55–15:30** **LIVE HIP ARTHROSCOPY II [supine]** Kelly
- 15:30–16:30** **Various Pathologies**
Lig. teres – Impingement and tears
Reconstruction of the Lig. teres
Dysplasia – Is there a need for arthroscopy?
Labral and Periarticular Cysts – Role and treatment

- 16:30–17:00** **Coffee break and exhibition**
- 17:00–18:00** **Extraarticular Endoscopy**
Psoas – Decompression and release in the native hip
Psoas impingement after hip arthroplasty
Heterotopic Ossifications – Prophylaxis and Management
Peritrochanteric – Bursectomy, IT-Band-Release &
Gluteus Medius Repair
- 18:00** **Closing remarks of the 1st day**
- 19:30** **Congress dinner at the Augustinerkeller**

The congress dinner takes place at one of the traditional public beer houses of Munich, the Augustinerkeller. While drinking the freshly tapped Augustiner beer, enjoy the Bavarian ambience and typical cuisine, and later on the special atmosphere in the Augustiner caves deep under the city of Munich ...
Please consider that you have to register for the congress dinner separately.



07:45–08:15	Breakfast and registration	
08:15–08:55	FAI – Concept Radiographs are most important! Advanced imaging by high resolution MR and dGEMRIC FAI – Concept, Pathology and Treatment Options	
08:55–10:30	LIVE HIP ARTHROSCOPY III [supine]	Philippon
10:30–11:00	Coffee and exhibition	
11:00–11:55	FAI – Arthroscopic Treatment Cam resection Management of the ossified & degenerated labrum Labral detachment and rim trimming Reconstruction of the labrum	
11:55–13:30	LIVE HIP ARTHROSCOPY IV [lateral, external fixator]	Sadri
13:30–14:15	Lunch and exhibition	
14:15–15:15	FAI – Controversies Combined FAI – Treating one or both? FAI – Indications for surgical dislocation, subcapital osteotomy and reverse periacetabular osteotomy Management of Cam FAI combined with acetabular dysplasia	
15:15–16:00	Complications & Rehabilitation Complications – Learning Curve and Prevention Rehabilitation Strategies following Hip Arthroscopy	
16:00	Closing remarks and adjourn	

Premium Partners

KARL STORZ GmbH & Co. KG	78532 Tuttlingen, GER
Smith & Nephew GmbH Endoskopie	22761 Hamburg, GER

**Partners**

Arthrex Medizinische Instrumente GmbH	85757 Karlsfeld, GER
ArthroCare (Deutschland) AG	42859 Remscheid, GER
DR MEDICAL AG	4503 Solothurn, SUI

**Exhibitors**

Arthrex Medizinische Instrumente GmbH	85757 Karlsfeld, GER
ArthroCare (Deutschland) AG	42859 Remscheid, GER
Condor GmbH Medicaltechnik	33154 Salzkotten, GER
ConMed Linvatec Deutschland GmbH	64521 Groß-Gerau, GER
DR MEDICAL AG	4503 Solothurn, SUI
Heraeus Medical GmbH	61273 Wehrheim, GER
KARL STORZ GmbH & Co. KG	78532 Tuttlingen, GER
Maquet Vertrieb- u. Service Deutschland GmbH	76437 Rastatt, GER
Ormed GmbH	79100 Freiburg, GER
Reichert GmbH	64625 Bensheim, GER
Richard Wolf GmbH	75438 Knittlingen, GER
Smith & Nephew GmbH Endoskopie	22761 Hamburg, GER
TRB Chemedica AG	85540 Haar, GER

refers to date of printing

Hip Arthroscopy for FAI

- Accessing and working with dedicated instrumentation.
M. Kusma, MD, Germany
- Cam-FAI – Access to the Cam-deformity and technical steps of Cam-resection.
M. Dienst, MD, Germany
- Pincer-FAI – Access to the rim, labral detachment, rim trimming and labral refixation.
E. Schilders, MD, U.K.

Information:

KARL STORZ GmbH & Co. KG

Mr Rahmel, phone +49 7461 708 0, c.rahmel@karlstorz.de

**Femoroacetabuläres Impingement (FAI)**

- Indications
- Interoperatic treatment, therapeutic options
- Hands-On

Speaker: Markus Schofer, MD, University Hospital Marburg

Information:

Smith & Nephew GmbH

Mr Vogler, phone +49 40 70 700 253, arnd.vogler@smith-nephew.com



The 'Alte Kongresshalle' is located in the centre of Munich right next to the 'Theresienwiese'. The congress hall was built in 1952/53 and for many years the biggest event location of its kind. Today, the 'Alte Kongresshalle' is one of the preserved and protected historic buildings of the old Munich fairground. It was completely restored in 2007 and offers space for more than 800 delegates, latest congress technology and an attractive exhibition area within the entrance hall and access area to the main lecture hall.



Getting to the 'Alte Kongresshalle' is easy. Parking space is available in walking distance to the convention area. From the central station of Munich, the subway U4/5 with direction to 'Laimer Platz' takes you in less than 5 minutes to the stop 'Schwanthalerhöhe'. From the international airport, the trams S1 or S8 take you in less than 45 minutes to the stop 'Hackerbrücke'.

Navigation	Alte Kongresshalle, Theresienhöhe 15, Munich
Parking	Theresienwiese; Parking Garage Heimeranplatz
By Train	Direct ICE connections to Nuremberg, Stuttgart, Frankfurt, Hamburg and Salzburg Distance main train station – 'Alte Kongresshalle': 2 km
Underground	U4/U5 Schwanthalerhöhe
Tram/S-Bahn	'Hackerbrücke' plus 15 minutes walk to the venue
Airport	Munich Franz-Josef-Strauß (MUC) www.munich-airport.com Tram/train: S1 or S8 to 'Hackerbrücke', 45 min., ca. €10 Taxi: 30–45 min., ca. €60

Location and getting to the 'Alte Kongresshalle'



All participants get special rates when booking the hotels mentioned below. These reservations made by Intercongress give you the chance to make a direct booking at an early stage. To make a reservation, please contact the hotel directly and use the keyword "HIP 2010". Please be aware of the booking-deadline for every hotel, because there is no guarantee that the special rates are still available beyond this date.

Hotel Westend

Schwanthalerstraße 121
 80339 München
 fon +49 (0)89 540 98-60
 fax +49 (0)89 540 98-811
 welcome@westend-hotel.de
 www.westend-hotel.de

Single room: 55,00 €
 Double room: 75,00 €
 Breakfast included
 Deadline October 21, 2010

Hotel Westend, formally known as Hotel Kurpfalz, is located in approx. 10 minutes walking distance from the main train station and the city centre. The stylish and functional equipped rooms feature bathroom, TV, telephone and free WLAN access.

Walking distance to congress venue: 1.0 km, 10 minutes

IBIS Hotel München City West

Westendstraße 181
 80686 München
 fon +49 (0)89 579 497-0
 fax +49 (0)89 579 497-499
 H6903@accor.com
 www.ibishotel.com/Muenchen_CityWest

Single room: 82,00 €
 Double room: 102,00 €
 Breakfast included
 Deadline October 07, 2010

The modern Ibis Hotel München City West was newly opened in September 2009. The comfortable and spacious rooms feature bathroom, hair dryer, TV, radio, a desk and WLAN access. On the day of arrival the rooms are available from 3 p.m.

Walking distance to congress venue: 2.0 km, 25 minutes

GHOTEL hotel & living München-City

Landwehrstraße 77
80336 München
Phone +49 (0)89 51 567-0
Fax +49 (0)89 51 567-555
muenchen2@ghotel.de
www.ghotel.de

Single room: 100,00 €
Double room: 120,00 €

Breakfast included

Deadline October 21, 2010

The modern hotel is located at a distance of only 400 metres from the main train station of Munich. All rooms are tastefully furnished and offer shower/bathroom, hairdryer, room safe, TV and internet access on request. The fitness room of the hotel can be used free of charge.

Walking distance to congress venue: 1.2 km, 15 minutes

Hotel Bavaria

Gollierstraße 9
80339 München
Phone +49 (0)89 50 80 79-0
Fax +49 (0)89 50 26 856
info@hotel-bavaria.com
www.hotel-bavaria.com

Single room: 101,00 €

Breakfast included

Deadline October 20, 2010

The family run Hotel Bavaria is located on a quiet side street. The main train station and the city centre are only a few minutes away. The rooms feature bathroom, cable TV, minibar, telephone and high speed internet access. WLAN hotspots and internet in the hotel business centre can be used free of charge. On the day of arrival the rooms are available from 2 p.m.

Walking distance to congress venue: 0.7 km, 8 minutes

Sheraton München Westpark Hotel (Congress hotel)

Garmischer Straße 2
80339 München
Phone +49 (0)89 51 96-0
Fax +49 (0)89 51 96-801
sheraton.westpark.muenchen@arabellastarwood.com
www.starwoodmeeting.com/Book/hip2010

Single room: 105,00 €
Double room: 126,00 €

Breakfast included

Deadline October 21, 2010

The recently renovated hotel is only a few meters away from the spacious recreation area Westpark. The comfortable and modern rooms are equipped with bathroom, desk, television, room safe and internet access. On the day of arrival the rooms are available from 3 p.m.

Walking distance to congress venue: 1.0 km, 12 minutes

Please book the rooms via the above mentioned website!

Mercure Munich City Center

Senefelderstraße 9
80336 München
Phone +49 (0)89 55 132-0
Fax +49 (0)89 596 444
H0878@accor.com
www.accorhotels.com

Single room: 123,00 €
Double room: 162,00 €

Breakfast included

Deadline October 21, 2010

The Mercure München City Center Hotel, newly opened in 2006, is located directly in the city center and is designed in the style of the German theater. The 167 modern rooms are spacious and offer a flat screen TV as well as Wi-Fi for comfortable Internetbrowsing.

On the day of arrival the rooms are available from 3 p.m.

Walking distance to congress venue: 1.7 km, 20 minutes.

Eden Hotel Wolff

Arnulfstraße 4
80335 München
Phone +49 (0)89 55 115-704
Fax +49 (0)89 55 115-555
info@ehw.de
www.ehw.de

Single room: 129,00 €
Double room: 165,00 €

Breakfast included

Deadline October 21, 2010

The Eden Hotel Wolff is located within 15 minutes walking distance from Munich's old town, directly next to the main train station. There are various stops of all means of transportation in close vicinity to the hotel. The 210 individually appointed rooms and suites are pure elegance with a hint of classic Bavaria. Amenities include full baths, satellite TV, Pay-TV, air condition and wireless internet connections.

Walking distance to congress venue: 2.1 km, 25 minutes.

Softel Munich Bayerpost

Bayerstraße 12
 80335 München
 Phone +49 (0)89 599 48-0
 Fax +49 (0)89 499 48-1000
 H5413@sofitel.com
 www.sofitel.com

Single room: 179,00 €

Breakfast 28,00 €
 per Person

Deadline October 18, 2010

The Sofitel Munich Bayerpost is located in the heart of Munich. Only 100 m from the central railway station, the heritage listed building impresses with architectural class and cosmopolitan hotel culture. Design meets comfort, and French savoir vivre blends with Bavarian joie de vivre in all 396 rooms. All rooms are fitted inter alia with full baths, satellite TV, high-speed internet and minibar. On the day of arrival the rooms are available from 2 p.m. Walking distance to congress venue: 1.6 km, 20 minutes.

Advice: The special rates we offer you are negotiated one year in advance to enable an early booking. There might be the possibility that some hotels will offer better rates than the rates above. This could occur because of returned capacities or unsold rooms and cannot be influenced by us. Quantity buyers such as airlines, travel agencies or online companies probably have good rates as well, so please compare the prices.

More rooms can be booked online with the Hotel Reservation System (HRS):
www.hrs.de/se/intercongress or please also contact the official tourism office Munich,
 phone 089 233 30 -237/236



As one of the leading Professional Conference Organisers for medical and scientific conferences, Intercongress combines all the competences necessary to make your conference a success. Be it a conference with specialised exhibition, a symposium or a workshop – we turn your event into an unforgettable experience.

With our efficiency, personal touch and state-of-the-art technology, we take on the complex organisation of your conference, leaving you to concentrate on your valuable work. Take advantage of our years of experience and let us inspire you with our infectious enthusiasm.

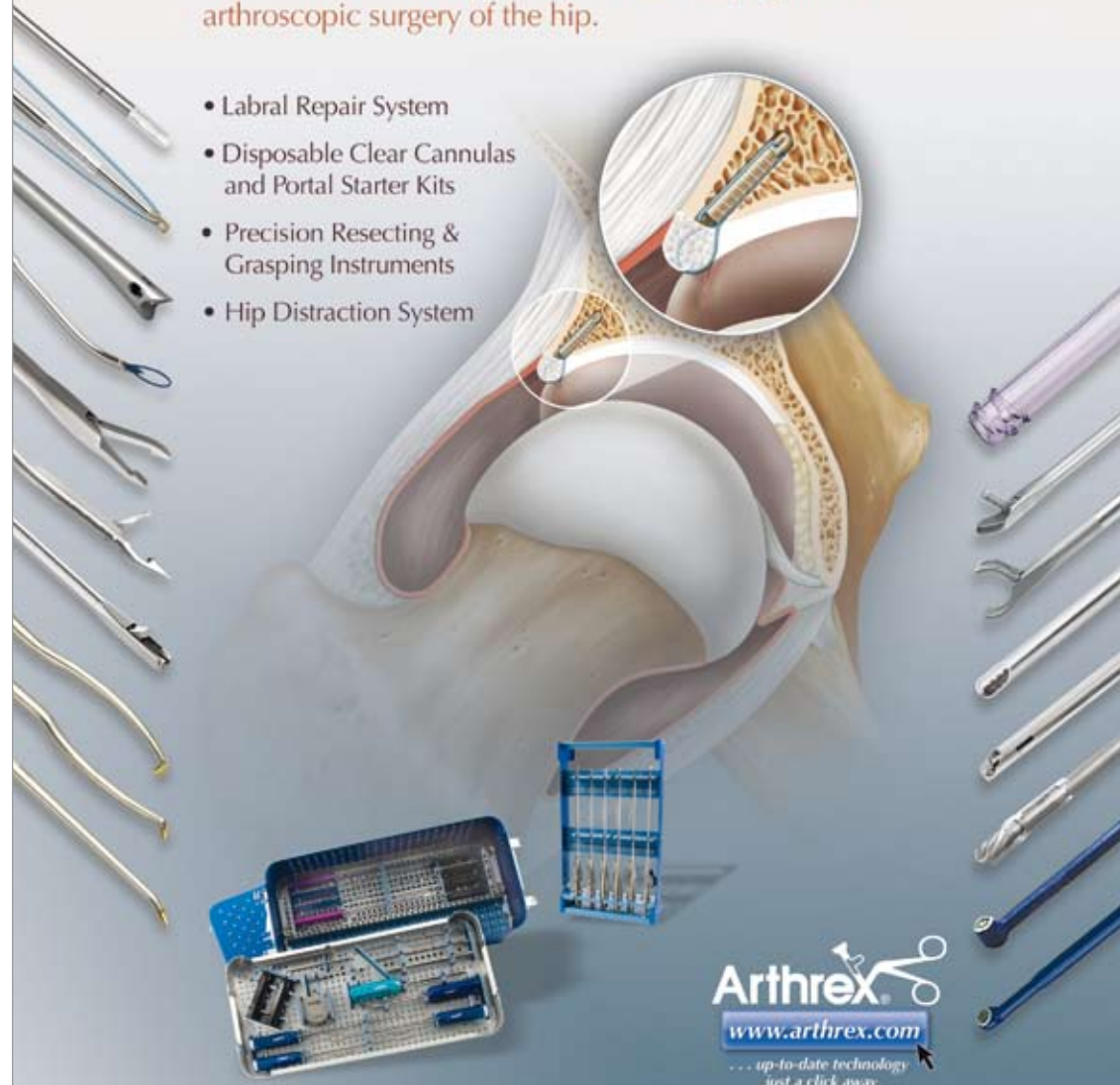
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- Precision Resecting & Grasping Instruments
- Hip Distraction System



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The revolution in hip arthroscopy
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KARL STORZ Endoscopy America, Inc, 600 Corporate Pointe, Culver City, CA 90230-76 00, USA, Phone: +1/310/338-8100, Fax: +1/310/210 5527, E-Mail: info@ksea.com
KARL STORZ Endoscopia Latino-America, 815 N. W. 57 Av., Suite No. 480, Miami, FL 33126-2042, USA, Phone: +1/305/262-8980, Fax: +1/305/262-89 86, E-Mail: info@ksela.com
KARL STORZ Endoscopy Canada Ltd., 2345 Argenta Road, Suite 100, Mississauga, Ontario L5N 8K4, Phone: +1/905/816-8100, Fax: +1/905/858-0933, E-Mail: info@karlstorz.ca
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